



HOW TO COPE WITH TEMPTATION

An Adaptable application

This application was originally devised for use with the story of Moses killing the Egyptian.

Note: It may also be used with any other lesson where the subject of temptation arises.

It is also useful as a “stand-alone” teaching tool for youth and adults.

Teaching regarding Moses

Although Moses was educated in the Pharaoh’s palace, his mother took care of him during the first years of his life. No doubt she would tell him how God had preserved his life. His parents must have told him all they knew about the living God, and His relationship with His special people, the Israelites.

We can well imagine them saying, “Moses, whatever you learn in the palace, always REMEMBER [Hold up large yellow word tab] - God has saved your life and He has a plan for you. If you ever have a problem, He is the only one who help us to do the right thing.”

Continue with the story of Moses seeing the slavery . . . identifying himself with the people . . . wanting to help . . . then facing up to the bullying slave master.

Maybe Moses could have

- used his authority and ordered the man to stop beating the slave
- used sufficient force, if necessary, to restrain him.
- Did he remember [Hold up yellow REMEMBER tag] what he had been taught? Did he ask God to help him?

Certainly, if he had asked God, the Lord could have given him His own idea, just like He helped Moses’ mum and dad.

[here you could briefly remind the group of the teaching of the previous lesson on GOOD ideas and GOD’S ideas –available in the set: “How to cope with problems”]

But, instead, Moses beats the man to death. And soon, because of this, he was in deep trouble. He was afraid for his life. And had to leave Egypt.

What had gone wrong? How can we be sure that we don’t make the same mistake when we are tempted?

What should we do when we are tempted to do wrong—not just with violence, but with anything?

The chart

Put up each line in full before going to the next. Discuss as you put up each line, how it relates to us.

REMEMBER what you have been told

Our teachers and the folk who look after us at home tell us right and wrong.

REALIZE the danger. Every action has a result. We need to think things through; think ahead to what might happen to us, or to others, as a result of our actions.

RUN AWAY from the situation. It is not cowardly, when you are tempted, to go off do something else. It takes courage to run away from doing wrong!

RELY on God. Christians believe He has the power to help us do right, and follow God’s plan for life.

Conclusion of this section of Moses’ story

Moses had NO home, job, food . He may have felt that he had blown his chance of helping his people, because he was no longer with them in Egypt.

Will God help? *[Next lesson tell of the shepherdesses and the bullies at the well, and the Burning Bush.]*

How to make this Adaptable Application

1. Print out the visuals onto good quality paper.
2. Cut out the word tabs and images and laminate them. (If you are going to use sticky backed plastic, print onto card. But if you are using a laminator, paper will give an excellent and durable result.)
3. These pieces can then be attached to your display board using some reusable adhesive (like Blu-tac) or magnetic strip if you have a magnetic board.
4. Put up each line of visuals as you are speaking about them. We have found it best not to make up the display ahead of time.

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REMEMBER

REALISE

RUN AWAY

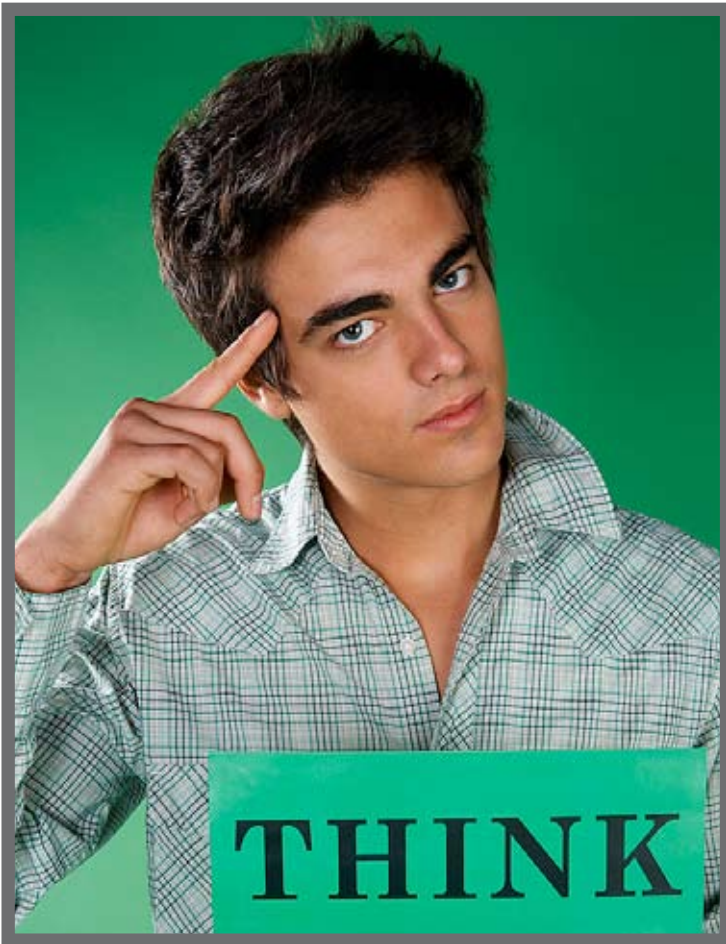
RELY

what you have
been told

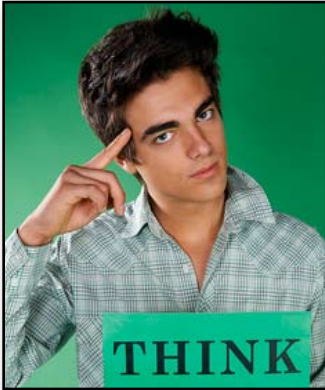
the danger

from the
situation

on God



Your finished chart should look similar to this.



REMEMBER

what you have
been told



REALISE

the danger



RUN AWAY

from the
situation



RELY

on God

Remember